

# STATE OF MAINE BOARD OF NURSING 158 STATE HOUSE STATION AUGUSTA, MAINE 04333-0158

JOHN ELIAS BALDACCI
GOVERNOR

MYRA A. BROADWAY, J.D., M.S., R.N. EXECUTIVE DIRECTOR

IN RE: STEPHANIE D. BRETON	)	
f/k/a MEMEL	)	CONSENT AGREEMENT
of Fairfield Center, Maine	)	FOR REINSTATEMENT
License #R043659	)	AND PROBATION

#### <u>INTRODUCTION</u>

This document is a Consent Agreement regarding Stephanie D. Breton's (f/k/a Memel) license to practice registered professional nursing in the State of Maine. The parties enter into this Consent Agreement pursuant to 32 M.R.S.A. § 2103-A(1-A)(B), 10 M.R.S.A. § 8003(5)(A-1)(4) and 10 M.R.S.A. § 8003(5)(B). The Board met with Ms. Breton on June 2, 2005 regarding her request for reinstatement of her nursing license. The parties to this Consent Agreement are Stephanie D. Breton ("Licensee"), Maine State Board of Nursing ("Board") and the Office of the Attorney General, State of Maine.

## **FACTS**

- 1. On January 18, 2004, the Board held an adjudicatory hearing in the matter of In re: Stephanie D. Memel, Licensure Disciplinary Action. After a hearing, the Board voted to accept Ms. Memel's offer to voluntarily surrender her registered professional nurse license. A copy of the Board's Decision and Order dated January 18, 2004, is attached hereto and marked as Exhibit A.
- 2. Stephanie D. Breton pled guilty to one felony count of Stealing Drugs (17-A M.R.S.A. § 1109(1)) in the Kennebec County Superior Court in Docket No. CR04-584 on March 23, 2005. Ms. Breton received a sentence of six months imprisonment, all but 20 days of that sentence suspended and the imposition of probation for a term of one year. The Judgment and Commitment are attached hereto and marked as Exhibit B.
- 3. Stephanie D. Breton has been substance free since May 2004.
- 4. Stephanie D. Breton continues in aftercare treatment for substance abuse. Ms. Breton is under the care of Stanley J. Evans, M.D., a physician specializing in addiction. The current treatment plan consists of attending Alcoholic's Anonymous (AA) twice per week and attending counseling at PROTEA on a weekly basis.
- 5. The parties agree to enter into this Consent Agreement to reinstate Ms. Breton's registered professional nurse license for a term of probation with conditions.



OFFICES LOCATED AT: 24 STONE ST., AUGUSTA, ME.

PHONE: (207) 287-1133

## REINSTATEMENT WITH CONDITIONS OF PROBATION

- 6. Stephanie D. Breton's license to registered professional nursing in the State of Maine is reinstated on a probationary status with conditions. The period of probation will commence on Ms. Breton's return to nursing practice, either through employment or pursuant to an educational program. The period of probation will be for a period of five years, to be effective only while she is employed in nursing practice or enrolled in a nursing education program. For purposes of this Agreement, nursing employment is any employment during which Ms. Breton performs nursing services. Ms. Breton's probationary license will be subject to the following conditions:
  - a. Stephanie D. Breton will abstain completely from the use of alcohol or drugs, with the exception of substances used in accordance with a valid prescription from a physician who is aware of Ms. Breton's substance abuse history.
  - b. Stephanie D. Breton will continue in her aftercare treatment program to such an extent and for as long as her treatment provider(s) recommend.
  - c. Stephanie D. Breton will arrange for and ensure the submission of quarterly reports to the Board by her treatment provider(s).
  - d. Stephanie D. Breton will immediately notify the Board in writing should she return to employment or an educational program in the field of nursing. Notice under this section shall include the place and position of employment or the educational program and any subsequent change in employment or educational programs.
  - e. Stephanie D. Breton will notify any and all of her nursing employers and notify faculty involved in any clinical studies of the terms of this Consent Agreement and shall provide them with a copy of it.
  - f. Stephanie D. Breton's employment is restricted during the period of probation to structured settings with on-sight supervision by another registered professional nurse. Structured settings shall not include assignments from temporary employment agencies, school nursing, working as a traveling nurse or working within the correctional system.
  - g. Stephanie D. Breton will arrange for and ensure the submission to the Board of quarterly reports from her nursing employer or clinical faculty regarding her general nursing practice.
  - h. Stephanie D. Breton agrees and understands that the Board and the Department of Attorney General shall have access to any and all medical records and all otherwise confidential or medically privileged information pertaining to her treatment for substance abuse which the Board deems necessary to evaluate Ms. Breton's compliance with the Consent Agreement and her continued recovery. Ms. Breton shall provide such information, shall authorize the release of such records and information, and shall authorize any such discussions and communications with any and all persons involved in

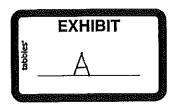
her care, counseling and employment as may be requested by the Board for the purpose of evaluating Ms. Breton's compliance with the Consent Agreement and her continued recovery.

- i. Stephanie D. Breton shall be in compliance with the terms and conditions of her criminal probation.
- 7. The State of Maine is Stephanie D. Breton's home state of licensure. Except as provided further in this paragraph, Ms. Breton agrees that during the pendency of this Consent Agreement her nursing practice is limited to the State of Maine. If Ms. Breton wishes to practice in any other party state within the compact she shall petition the Board for written authorization. In addition, Ms. Breton will arrange to have the party state she intends to practice in, to provide the Board with written authorization that she has been approved to practice in that state.
- 8. Stephanie D. Breton agrees and understands that her license will remain on probationary status and subject to the terms of this Agreement indefinitely beyond the five year probationary period, until and unless the Board, at Ms. Breton's written request, votes to terminate Ms. Breton's probation. When considering whether to terminate the probation, the Board will consider the extent to which Ms. Breton has complied with the provisions of this Agreement.
- 9. Stephanie D. Breton understands that this document is a Consent Agreement that affects her rights to practice nursing in Maine. Ms. Breton understands that she does not have to execute this Consent Agreement and that she has the right to consult with an attorney before entering into the Consent Agreement.
- 10. Stephanie D. Breton affirms that she executes this Consent Agreement of her own free will.
- 11. This Consent Agreement is not subject to review or appeal by the Licensee, but may be enforced by an action in the Superior Court.
- 12. This Consent Agreement becomes effective upon the date of the last necessary signature below.

I, STEPHANIE D. BRETON, HAVE READ AND UNDERSTAND THE FOREGOING CONSENT AGREEMENT. I UNDERSTAND THAT BY SIGNING IT, I WAIVE CERTAIN RIGHTS. I SIGN IT VOLUNTARILY, WITHOUT ANY THREAT OR PROMISE. I UNDERSTAND THAT THIS CONSENT AGREEMENT CONTAINS THE ENTIRE AGREEMENT AND THERE IS NO OTHER AGREEMENT OF ANY KIND.

DATED: 4/05 STEPHANIE D. BRETON

DATED: Jule 22, 2005	JANET E. MICHAEL, ESQ. Attorney for Stephanie D. Breton
	FOR THE MAINE STATE BOARD OF NURSING
DATED: June 27, 2005	Myra A. BROADWAY, J.D., M.S., R.N. Executive Director
DATED: 29, 2005	FOR THE OFFICE OF THE ATTORNEY GENERAL  JOHN H. RICHARDS Assistant Attorney General



#### MAINE STATE BOARD OF NURSING

IN RE: Stephanie D. Memel, R.N.	)	
	)	DECISION AND ORDER
Licensure Disciplinary Action	)	•

## PROCEDURAL HISTORY

I.

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Pursuant to the authority found in 32 M.R.S.A. Sec. 2105-A(1-A)(D), et seq., 5 M.R.S.A. Sec. 9051, et seq. and 10 M.R.S.A. Sec. 8001, et seq., the Maine State Board of Nursing (Board) met in public session at the Board's offices located in Augusta, Maine on January 7, 2004. The purpose of the hearing was to determine whether grounds exist to take disciplinary action against Stephanie Memel's Maine license as a registered nurse as more specifically stated in the Notice of Hearing dated December 16, 2003. A quorum of the Board was in attendance during all stages of the proceedings. Participating and voting Board members were Chairwoman Jeanne B. Delicata, R.N.C., Jody Deegan, R.N., Charyl Doughty, L.P.N., Bruce O'Donnell, C.R.N.A. and Karen Tripp (public representative). Ms. Memel was present and was not represented by counsel. James E. Smith, Esq. served as Presiding Officer.

Following the determination that none of the Board had conflicts of interest which would bar them from participating in the hearing, the Board heard testimony and made the following findings of fact by a preponderance of the credible evidence regarding the violations alleged in the Complaint.

# II. FINDINGS OF FACT

Stephanie Memel was first licensed as a registered nurse to practice nursing in the State of Maine on June 21, 1999 and remained in that status until December 10, 2003 at which time the Board suspended her license pending hearing on the instant allegations. Her license expires on November 7, 2004. Ms. Memel admitted the allegations of substance abuse. She began abusing drugs approximately one year ago. The substances of choice were Percocet and Vicodin. She testified that she diverted drugs once, but never from a patient. She last ingested a prohibited substance on December 16, 2003 and has no prior record of such abuse.

Currently, Ms. Memel testified that she is drug free and receiving counseling for her problem. Additionally, she attends New Directions, Narcotics Anonymous for support.

# CONCLUSIONS OF LAW

The relevant statutory and regulatory provisions regarding the above matter and as stated in the Complaint/Notice of Hearing are as follows:

E. Incompetence in the practice for which the licensee is licensed. A licensee is considered incompetent in the practice if the licensee has:

1. Engaged in conduct that evidences a lack of ability or fitness to discharge the duty owed

by the licensee to a client or patient or the general public.

H. A violation of this chapter or a rule adopted by the board.

"Rules and Regulations of the Maine State Board of Nursing, Chapter 4."

1. Disciplinary Action.

3. Definition of Unprofessional Conduct. Nursing behavior which fails to conform to legal standards and accepted standards of the nursing profession, and which could reflect adversely on the health and welfare of the public shall constitute unprofessional conduct and shall include, but not be limited to, the following:

P. Diverting drugs, supplies or property of patients or health care provider.

Q. Possessing, obtaining, furnishing or administering prescription drugs to any person, including self, except as directed by a person authorized by law to prescribe drugs.

The Board, by a vote of 5-0, based on the above recited facts and its training and expertise, concluded that Stephanie Memel, R.N., violated the above statutory and regulatory standards of nursing and poses a threat to the health of the public and to her. The Board voted to accept the surrender of her license to practice as a registered nurse pursuant to 10 M.R.S.A. Sec. 8003. The Board further ordered that Stephanie Memel:

1. Remain sober and refrain from illegal substances.

2. Remain in a treatment program until her licensed counselor advises otherwise.

- 3. Provide any medical, dental or other health related employers with a copy of this decision.
- 4. Not work in any health care or veterinarian setting where drugs may be obtained.
- 5. Continue attending New Directions, Narcotics Anonymous, on a regular basis.
- 6. Petition the Board after December 16, 2004 for reinstatement.

SO ORDERED.

Dated: January/8, 2004

Jeanne B. Delicata, R.N.C. Chairwoman

Maine State Board of Nursing

APPEAL RIGHTS

Pursuant to the provisions of 5 M.R.S.A. Sec. 10051.3, any party that decides to appeal this Decision and Order must file a Petition for Review within 30 days of the date of receipt of this Order with the Superior Court having jurisdiction. The petition shall specify the person seeking review, the manner in which they are aggrieved and the final agency action which they wish reviewed. It shall also contain a concise statement as to the nature of the action or inaction to be reviewed, the grounds upon which relief is sought and a demand for relief. Copies of the Petition for Review shall be served by Certified Mail, Return Receipt Requested upon the Maine State Board of Nursing, all parties to the agency proceedings, and the Maine Attorney General.

J. V.

IV.

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	IT IS	ORDERED THAT	THE DEFENDANT, HAVING BEE	N CONVICTED OF A DE	EX OFFENSE OR A	SEXUALLY
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]		<del></del>	THE DEFENDANT FORFEIT AND			
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			SURCHARGE (29-A M.R.S.A. §2411 MENT(S) plus 🔯 🔟 \$25 ASSESSM			
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	JUN-20-2005 10:17 P.	Ø5
Ī	IT IS ORDERED THAT THE DEFENDANT FORFEIT AND PAY THE SUM OF S	
	AS RESTITUTION. THROUGH THE (DEPARTMENT OF CORRECTIONS) (DISTRICT ATTORNEY'S OFFICE)	
	for the benefit of	<del></del>
	. (17-A M.R.S.A. § 1152-2-A)	
	Execution/payment stayed to pay in full by or warrant to issue.	
J	IT IS ORDERED PURSUANT TO APPLICABLE STATUTES, THAT THE DEFENDANT'S MOTOR VEHICLE	
	OPERATOR'S LICENSE OR PERMIT TO OPERATE. RIGHT TO OPERATE A MOTOR VEHICLE AND RIGHT TO .	
	APPLY FOR AND OBTAIN A LICENSE AND/OR THE DEFENDANT'S RIGHT TO REGISTER A MOTOR VEHICLE	3
	IS SUSPENDED IN ACCORDANCE WITH NOTICE OF SUSPENSION INCORPORATED HEREIN.	• • • • • • • • • • • • • • • • • • • •
Ţ	IT IS ORDERED THAT THE DEFENDANT PERFORM HOURS OF COMMUNITY SERVICE WORK	
	WITHIN (WEEKS) (MONTHS) FOR THE BENEFIT OF	
J	IT IS ORDERED THAT THE DEFENDANT PAY SFOR EACH DAY SERVED IN THE COUNTY	
	JAIL. TO THE TREASURER OF THE ABOVE NAMED COUNTY. (UP TO \$80./DAY) (17-A M.R.S.A. § 1341)	
	Execution/payment stayed to pay in full by or warrant to issue.	
1	IT IS ORDERED THAT THE DEFENDANT SHALL PARTICIPATE IN ALCOHOL AND OTHER DRUG EDUCATION	
	EVALUATION AND TREATMENT PROGRAMS FOR MULTIPLE OFFENDERS ADMINISTERED BY THE OFFICE	OF
<u></u>	SUBSTANCE ABUSE. (29 M.R.S.A. § 1312-B (2)(D-1), 29-A M.R.S.A. § 2411 (5)(F))	<del></del>
]	IT IS ORDERED THAT THE DEFENDANT FORFEIT TO THE STATE THE FIREARM USED BY THE DEFENDANT	
	DURING THE COMMISSION OF THE OFFENSE(S) SHOWN ABOVE. (17-A M.R.S.A. § 1158)	• • • • • • •
7	IT IS ORDERED THAT THE DEFENDANT BE UNCONDITIONALLY DISCHARGED. (17-A M.R.S.A. § 1201)	
	If the defendant has been convicted of an applicable offense listed in 25 MRSA § 1574, then the defendant shall submit	
ı ha	aving a DNA sample drawn. The DNA sample may be drawn at any time following the commencement of the straight term or	initial
មន្តា	expended portion of the term of imprisonment. If there is a period of probation but no immediate imprisonment, the DNA sam	pie may
3 CI	rawn at any time following commencement of the probation period as directed by the probation officer.  IT IS FURTHER ORDERED THAT THE CLERK DELIVER A CERTIFIED COPY OF THIS JUDGMENT AND COMMITMENT	ro rue
uei	RIFF OF THE ABOVE NAMED COUNTY OR HIS AUTHORIZED REPRESENTATIVE AND THAT THE COPY SERVÉ AS THE	IO IIIL
	IMITMENT OF THE DEFENDANT. REASONS FOR IMPOSING CONSECUTIVE SENTENCES ARE CONTAINED IN THE COU	RT
	ORD OR IN ATTACHMENTS HERETO.	
	VM Id.	
TR	RUE COPY, ATTEST:	
	Clerk Judge / Justice	
	I understand the sentence imposed herein and acknowledge receipt of a copy of this JUDGMENT AND COMMITMENT	, •
here	eby acknowledge that the disclosure of my Social Security number on this form is mandatory under 36 M.R.S.A. § 5276-A. M.	Лy
ocia	al Security number will be used to facilitate the collection of any fine that has been imposed upon me in this action if that line	remains
npa	aid as of the time I am due a State of Maine income tax refund. My Social Security number also may be used to facilitate the	vy fina
olle	ection of money I may owe the State of Maine as a result of having had an attorney appointed to represent me. Collection of an	TA HHE
	imbursement of money which I owe to the State of Maine will be accomplished by offsetting money I owe to the State against of Maine income tax refund.	шу
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	By virtue of this warrant, the within-named Defendant has been removed to and received at the on this day.	<del></del> -
	on this day.	ļ
\$1123		

Authorized Officer/Supc., M.C.C./Warden M.S.P.

# STATE OF MAINE

# CONDITIONS OF PROBATION

20	URT: Kennebec	, (Superior) ( <del>District</del> )	Docket No. CR04-584	
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	T. TATABLE TO THE PROPERTY OF THE PARTY OF T	The state of the s	В.	
10	have been convicted of		ion and committed to supervision by the Department	
	Corrections for the term of	(months) (years) subject to	to the conditions listed below.	
Ot (	HE CONDITIONS OF YO	UR PROBATION ARE AS FOLL	LOWS: YOU SHALL	
1	refrain from all criminal conduc	et and violation of federal, state and local	laws.	
3	report to the probation officer in	mmediately and thereafter as directed and	i within 48 hours of your release from jail.	
3.	answer all questions by your pro	obation officer and permit the officer to	visit you at your home or elsewhere.	
4	obtain permission from your pro	obation officer before changing your add	iress or employment.	
		thout written permission of your probation		
6.	maintain employment and devot	te yourself to an approved employment o	or education program.	
(7)	not possess or use any unlawful	l drugs and not possess or use alcohol (ex	<del>xeessively</del> ).	
8.	identify yourself as a probatione	er to any law enforcement officer if you ar	re arrested, detained or questioned for any reason and	
1	notify your probation officer of	Fthat contact within 24 hours.		
9.	waive extradition back to the St	tate of Maine from any other place.		
10.	not own, possess or use any fire	carm or dangerous weapon if you have ev	ver been convicted of a crime in any jurisdiction with a	
	potential penalty of one year or	more or any crime involving domestic v	violence or the use of a fircarm or dangerous weapon.	
11.	pay to the Department of Corre	ections a supervision fee of \$ 10. C	per month.	
	12a. provide a DNA sample as i	required. 12b. Fully comply with the	the Sex Offender Registration and Notification Act.	
Ц	13. pay to the Department of Co	orrections an (electronic monitoring fee)	(substance testing fee) of \$	
	14, not own, possess or use any	firearm or dangerous weapons.	(da casacia masmaña) (navialle orientad materially	
M	15. submit to random search and	a testing for (alcohol) (drugs) (arreamie)	(dangerous-weapons) (sexually oriented material) direction of a probation or law enforcement officer.	
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1ZI	16. complete (evaluation and)	counselling and treatment as an (out-p	obation officer for (substance abuse) (sexual offender)	
	OF a	e similar racinty) as directed by your pro	er managoment) (medical) ()	
	jernas ang sian omit aljestre sess <del>(Delicusioniciti fosus-rue sess</del>	uested by your probation officer.	a mining anothly (mossous) (	
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П	18, pay all fines, fees, surcharge	es and assessments in full (and counsel for	fees as ordered) to the clerk of this court not later than	
		(date), on a	schedule set by the court or your probation officer.	
	19. not operate or attempt to op	perate any motor vehicle (including ATV	I, snowmobile, motorboat, powerboat or aircraft) (until	
1	properly licensed by the Secreta	ary of State).		
	20. not associate with any other	r person who is on probation or parole w	without written permission of your probation officer.	
	<ol><li>have no contact with (male)</li></ol>	) (female) children under the age of	. Have no direct or indirect contact or enter the	
1	residence, place of work, or co	ducational location of	(and their family) except	
'	with the written permission of y	your probation officer and pursuant to a c	court order.	
			ses consumption (after AM / PM).	
	23. support your dependents and		. :	
	24. not view or possess any sex	cually oriented material or utilize access	to the internet.	
	25, not have any possessory into	erest in any bank account except as auth-	norized in writing by your probation officer.	
	26. appear for periodic judicial i	review as directed by the court or your pr	robation officer.	
		irs of public service work within	months as directed by your probation officer.	.l
<b>X</b>	28. Other: Complex	- WEN Promotive	the CARRELLINA COLUMNIC	X
•				
Tf v	ny violate or fail to fulfill any of	f the above conditions you may be arrest	ted, your probation may be revoked and you may be	
	stred to serve the rest of your se		, , , , , , , , , , , , , , , , , , ,	
		pation are incorporated into the judgment	t and docket by reference.	
YAL		MANAGE TO STATE OF ST	All all	
Date	3/23/05	Justice / <del>Indge</del>	KANUXAXA	director.
		itions and accept them as written.		
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CR-	122, Rev. 19/03 J	whiteCourt Copy / YellowProbation Offi-	icer Copy / Pink-Probationer	

STATE OF MAINE

# PHARMACY CONDITIONS

	If prescribed any medication by a physician, the medication must be taken in the manner and quantities directed by the physician and/or pharmacist and must only be possessed in the bottle they were dispensed in.
	All medications prescribed must be made known to the probation officer the same day the medications are prescribed.
M	Must designate to the probation officer a primary physician. No other physician, PA or FNP may be seen without a written referral from the primary physician.
	Must execute medical release forms to allow the probation officer to have an open line of communication with the primary physician and professions to whom they may be referred.
$\square$	Must designate one (1) pharmacy that will be used to dispense all medications. No other pharmacy may be used without PRIOR approval of probation officer.
	Must personally retrieve all medications from the pharmacy. May not retrieve medications of another person without PRIOR approval of probation officer.
M.	Must maintain a drug log in which shall be recorded the date, time, place and amount of any prescription medication ingested. The drug log is to be available for inspection by the probation officer up request.
	Must keep proof of all properly prescribed narcotics on his/her person at all times.
,	Dated: 3/23/05
	Dated: Stiffmet July Probationer